



Ask, Father James:

Imagining the Unimaginable: Is the Holy Trinity in the Bible?

Though the teaching about the Trinity derives mostly from the New Testament, there are many places where the Old Testament points toward understanding God as a Trinity. For instance, in Genesis 1:26, God said: “Let us make man in our image.” Our interpretation of “us” in this verse speaks to the Trinity. God created us for a relationship with himself – The Trinity.

The relationality and the distinctive aspect between the divine persons is what this Sunday’s Gospel text speaks to. “... for God so loved the world that he sent His only begotten son so that whoever believes in him will not perish but have eternal life... (John 3:16). On the Cross Jesus died for our sins so that we may be forgiven. 'He was delivered over to death for our sins' (Rom. 4:25). Therefore, 'If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness' (1 John 1:9).

Unlike other holy feast days and solemnities, which celebrate events in the life of Christ or of the church, the solemnity of the Most Holy Trinity Sunday invites us to an idea - One in three and three in one - Indivisible yet everywhere. An invitation to imagine the unimaginable. That the three persons in One God are connected in glory and worship and the reason why we pray Glory be to the Father, Son, and Holy Spirit. God is a mystery, and our awareness of God’s divine incomprehensibility is expressed in our worship of Father, Son, and Holy Spirit, one God.’

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