

Ask, Father James:

Spiritual Lessons of the Three temptations of Christ

There are lessons for us from Jesus' three temptations in the wilderness. He was tempted with the three most aspirations of men and women. The same three things that continues to make people fall from grace: Hunger, Power and Wealth. Now let's explain each of these temptations:

1. **Hunger:** Hunger is not just about food. It includes hunger for luxurious shelter, hunger for love, companionship, sex, and other physical needs.
2. **Power:** This is defined as quest for authority and worldly glory. This does not mean we shouldn't be ambitious but to watch ourselves against vain glories and guard against our crave for the political, corporate, domestic family power and even power in the church.
3. **Wealth:** The temptation to instant fame and influence. The desire to be respected in your profession or popular in your school, church, or locality. The tempter wanted to use his God's blessing to disrespect God. Often, money can bring out the arrogance in us.

Jesus overcame temptation by the power of the Word of God. Jesus teaches us, his disciples to attack the tempter with God's Word. Know Scripture well enough to answer the thoughts, cravings, doubts, fears and temptations that arises in our heads and minds.



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